

I'm about to complete my degree...

I am sorted with what I am doing next (job/ further study/ other opportunity)

Great news!

As a Solent graduate you have access to careers advice for life.

Whenever you might need us for careers support in the future, you can contact the team: careers@solent.ac.uk

You can continue to access **Solent Careers Online**, enabling you the opportunity to unlock practical and informative career resources to support you on your career journey.

To access, visit **Solent Careers Online** and register for a graduate account on the login page. Once approved, you will have access.

I know what I want to do, but I'm not sure how to get there...

Book an appointment to talk with a Careers Adviser about your ideas and reflect on how your search is going. It's also a chance to review any applications, online tests, assessment centres or interviews.

Use **Solent Careers Online** to:

- 1) Complete/ review the **'Career Exploration' Pathway**.
- 2) Use the AI-powered CV reviewer tool **CareerSet** for feedback and job-specific tailoring tips for your CV.
- 3) Access the **'Opportunities' job search feature**.
- 4) Explore the **'How to prepare for an assessment centre' Pathway**.
- 5) For interviews, check out article **'Interview preparation and you – coping with the challenge'**.

Check out the **'Self-awareness' activity** and review your skills and strengths.

Thinking about **postgraduate** study? Our Careers Advisers can help you consider your options.

Talk to us. **Book an appointment** with an Employability and/or Careers Adviser for support.

My search hasn't started and/or I don't know what my next steps are

Take some time to think about what's stopping you... You might find it helpful to get started by having a chat with a Careers Adviser, who can help you explore options with your degree/ further study. Book an appointment.

Speak to an Employability Adviser for help with your CV, job searching, applications and your careers-related questions. **Book appointment**.

Take a look at completing/ reviewing the **'Career Exploration' Pathway on Solent Careers Online** and tap into the resources to support you in exploring skills and strengths as well as graduate options and opportunities.

Check out the **Career Discovery pages** for general careers and subject specific information.

Thinking about starting a business or freelancing? The Solent Start-Ups team provides recent graduates with one-to-one support to help you launch or grow your venture. **Book a Business Start-Up appointment**.

15 months after finishing your studies, remember to take part in the **Graduate Outcomes survey** and shout about your successes since becoming a Solent graduate. Find out more **here**.